



Is Your Dog Nutrient Deficient?



by Melody Keilig

Much like how people benefit from taking multivitamins, dogs can also get the essential vitamins and nutrients from a daily supplement. Multivitamins fill in vital vitamins and minerals that aren't fulfilled with food while giving dogs increased energy, stronger bones, shiny fur, better skin, and [healthy teeth](#).



Benefits of Multivitamins for Dogs

- ✓ Increased energy
- ✓ Strong bones
- ✓ Shiny fur coat
- ✓ Healthier teeth
- ✓ Improved skin texture

Rewards



Sometimes, dogs don't get enough nutrients, even from a healthy, well-balanced diet. This can result in nutrient deficiency, which can have unhealthy effects on your dog. So, how can you help your dog get all the nutrients they need daily? And how can you catch the signs of nutrient deficiency before it becomes detrimental? First, let's review the early symptoms and how multivitamins can improve their health.

Early Signs of Nutrient Deficiency

So, how do you know if your dog isn't getting enough of the necessary nutrients every day? There are specific signs to look out for to know if your dog's health could use a boost.



If your dog has any of the following symptoms, they could be experiencing nutritional deficiencies:

- A lack of energy
- A dull coat of fur
- Dry, flaky skin
- A sad, tired look on their face
- Sudden behavioral changes

Some symptoms may show up as upset stomachs or irregular digestion. But, if your dog is experiencing digestive issues, you'll want to look for a [probiotic supplement](#).

Of course, you should check in with your veterinarian when you notice these signs in your dog to ensure that a serious health issue isn't causing these symptoms. If your dog is experiencing general nutritional deficiencies, then a multivitamin could be the best option to reverse these signs.

Before Buying Multivitamins, Do This First

Although there are multiple benefits of multivitamins for dogs, it's essential to know that vitamins are not a band-aid to remedy your dog's lack of health. However, there are things you should do to make sure that you're giving your dog the proper nutrients through food.

For instance, if your dog isn't getting enough to eat every day, this can lead to the symptoms mentioned above. Check with your dog's vet to learn how much they should eat daily compared to how much food you typically give them.

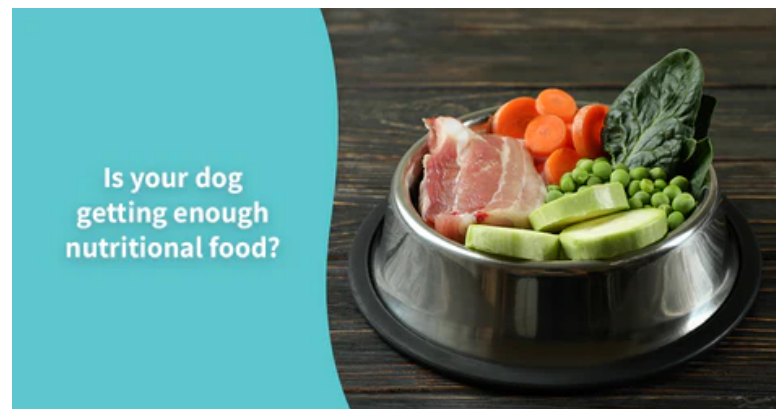




**Not sure if the serving size is right for your dog?
Check with your vet to ensure your dog
is getting enough food every day!**

The following change is to check the quality of the food your dog eats daily. Of course, you don't have to spend your entire paycheck on the best-quality dog food available, but there are [common ingredients](#) in dog food that you should look out for in many dog food brands.

Depending on your budget, you can find dog food without most filler ingredients that offer no nutritional value. But, you don't have to read the ingredients list meticulously. Instead, you can look for dog food that doesn't have as many fillers and preservatives as the dog food you've bought before.



**Is your dog
getting enough
nutritional food?**

For example, if the dog food you've been buying has "meat by-products," then look for specific meats labeled in the ingredients list. If the dog food product contains the labels "beef," "chicken," or "salmon," that means they've used those meats in the ingredients and not a by-product.

If your dog isn't getting enough nutrients from their food, then multivitamins can only do so much. Of course, you'll see improvement in your dog's health, but fixing the underlying issue of nutrient deficiency is the best first step before getting vitamins.

And, of course, you should make sure your dog is getting enough exercise every day. Whether you want to join [dog sports](#) to get both of you running or a [daily walk](#) is more your speed at the moment, find a way to get your dog moving. Exercise has plenty of benefits that can improve your dog's internal and external health.

The Benefits of 21 Complete Multi Dog Supplements



So, how do most multivitamin dog supplements work to improve your dog's health? To live a healthy life, dogs need six kinds of essential nutrients. These are water, protein, fats, carbohydrates, vitamins, and minerals.



Every individual dog will need more or less of these essential nutrients, but these are the basis of what they need daily. Multivitamin supplementation will fulfill any lack of nutrients that food and [exercise](#) can provide. For instance, if your dog is a picky eater and doesn't get enough protein and other vital nutrients, [21 Complete Multi](#) can fulfill anything your dog isn't getting from food.

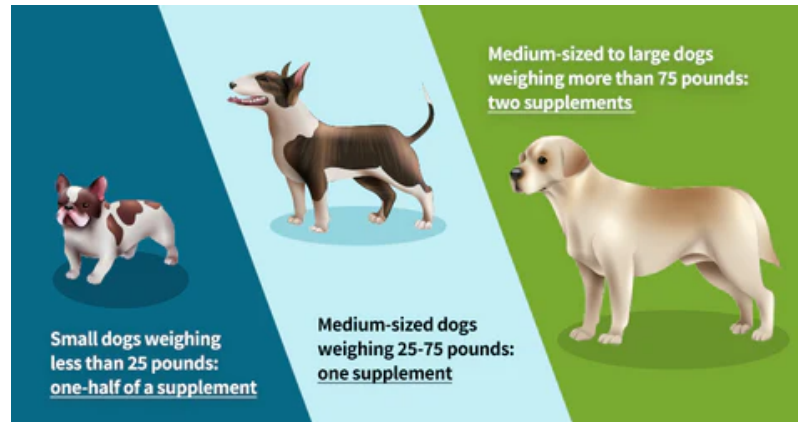
Or, if your dog has nutrient deficiencies from a medical disorder or disease, these dog supplements can help make up for what your dog is crucially missing in their diet. Sometimes, dogs don't get their complete vitamins and minerals from proper food and exercise, so supplements are encouraged.



21 Complete Multi dog supplements provide calcium, potassium, magnesium, iron, copper, zinc, iodine, Thiamine, and Vitamins A, B12, D3, & E, and more within a delicious vegetable-flavored chew.

Whether your dog is recovering from a nutrient deficiency or if they need an extra health boost, our supplements can give them nutrients beyond their daily diet. These supplement chews are also perfect for dogs with protein sensitivities. Depending on your dog's weight, provide them with one-half, one, or two 21 Complete Multi supplements daily.





To see how 21 Complete Multi improves your dog's overall health along with a healthy diet with [whole food treats](#), give your dog the supplement consistently for a few weeks. Supplements and vitamins can take time to work through the body before noticeable physical effects.



There's no shame in giving your dog a daily multivitamin because it will give them an added boost of nutrition. Multivitamins will also meet your dog's energy needs while filling in those lacking nutrients, so there are many health benefits for your dog in-store to improve their physical health.



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